



# Jan Okoye-Weeg

Medical Doctor. Sport-Scientist. Biologist.  
Co-Founder. Entrepreneur. Human.



## MEDICAL DOCTOR

Focus on functional, holistic and sustainable medicine including conservative orthopedics, osteopathy and orthomolecular medicine.



## ENTREPRENEUR

To me it is key to be pro active and implement, rather than in remaining in thoughts.



## FREELANCER

Centered around health & performance, I share my expertise with individuals and companies to achieve their individual goals.

# My Ethos

As an expert for health and prevention, it is my priority to educate, advise, assist and accompany people and peer to better overall health.

My vision is to make individual, holistic and sustainable health know-how accessible, understandable and effortlessly implementable for everyone.

This approach allows me to have a greater impact on the struggling health care system and everyone being affected by it, compared to a lone clinician warrior.





# Education

- Medical School, Heinrich Heine University, Düsseldorf, DE | 2022
- M.Sc. in Physical Activity & Health, University Maastricht, NL | 2012
- B.Sc. in Biology, Berry College, USA | 2011

# Medical Doctor

## Residencies

- Orthopädische Praxis Mitte | 2023
- MVZ Dr. Wolbergs GmbH | 2022
- Brandenburgklinik Berlin-Brandenburg | 2022

## Further Training

- Certified Ortho-Molecular Practitioner | 2023
- Basic Diploma in Applied Kinesiology | 2023
- Further Training in Manual Medicine | 2023



[Visit Sustainable Med](#)





I see entrepreneurship as a journey filled with creativity, risk-taking, and opportunity. It's about identifying gaps in the market, envisioning solutions, and taking bold steps to turn ideas into reality. Entrepreneurship is not just about starting businesses; it's a mindset that embraces challenges and thrives on innovation. It's about pushing boundaries, learning from failures, and continuously adapting to change.

# Entrepreneurship

# Co-Founder

## Vista Athletics GmbH & Co. KG

Without any funding and only within 7 years, Vista has established itself as strong brand and community in the very competitive and world wide market of college recruiting services.

Financially, Vista managed to increase their revenue each year by at least 50%, despite investing in man power, growing the employee pool from the three founders to 15+.



[Visit Vista Athletics](#)





## Founder

# Human Performance Lab

HPL serves as a centralized platform providing customers access to an exclusive interdisciplinary network of skilled health professionals and sustainable product recommendations. It fosters exchange among professionals and offers customers guidance in a vast landscape of health information and choices. The shared goal is to attain wellness, sustain fitness, enhance performance, and elevate life quality.



[Visit Human Performance Lab](#)

# Freelancer

## Zotz I Klimas

- Medical Expert in designing and launching a product in the field of lifestyle medicine and diagnostics. ([Visit Zotz I Klimas](#) and Project Page [LifeLab](#))

## Canify Clinics

- Project Lead in opening the flagship clinic in Berlin, Germany. ([Visit Canify Clinics](#))

## Felix Medicus

- Felix Medicus is a platform for young doctors that aspires to bring visibility in the aching health care system and use that intel to re-structure and make work in the hospital appealing again. ([Visit Felix Medicus](#))







# Jan Okoye-Weeg

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